

## RHINE RIVER OPTIONAL EXCURSIONS FOR PURCHASE

During the trip along the Rhine, A-O Trips has chartered two ships which means two groups will be sailing at the same time. Most of the time we will be sailing/docking in tandem (side by side). However, there may be occasions where the ships are docked independently of each other in different locations. Not only will it be important that you know which ship is yours, but these different docking positions may impact content of specific excursions as well as transfer time for the excursion.

Wave	Travel Dates	Group # / Ship Name	Group # / Ship Name
Wave 1	Depart US July 19 – Return July 28	Group 1/ Panorama	Group 2 / Impression
Wave 2	Depart US July 27 – Return Aug 5	Group 3 / Panorama	Group 4 / Impression
Wave 3	Depart US Aug 4 – Return Aug 13	Group 5 / Panorama	Group 6 / Impression
Wave 4	Depart US Aug 12 – Return Aug 21	Group 7 / Panorama	Group 8 / Impression
Wave 5	Depart US Aug 20 – Return Aug 29	Group 9 / Panorama	Group 10 / Impression
Wave 6	Depart US Aug 28 – Return Sep 6	Group 11 / Panorama	Group 12 / Impression
Wave 7	Depart US Sept 5 – Return Sep 14	Group 13 / Panorama	Group 14 / Impression
Wave 8	Depart US Oct 28 – Return Nov 6	Group 15 / Vista	Group 16 / Expression

Listed below are excursions that are available for purchase through MyAvalon<sup>SM</sup>. Purchase price for excursions are in Euros. Cancellation policy for excursions: you can cancel any included or optional excursions purchased up to 3 days prior to the shore excursion. Tours can be cancelled through MyAvalon<sup>SM</sup> or on board with the Cruise Director.

Avalon Waterways classifies their excursions into these categories:

**ACTIVE:** Embark on energetic excursions to keep you in motion and on the go such as a guided biking tour, kayaking or hiking your way through scenic locales.

**DISCOVERY:** We've found inspiring and interactive activities to your interests such as cooking classes that immerse you in each culture you explore.

**CLASSIC:** Your local expert is ready to guide you through the history and heritage of local destinations. You'll marvel at the legends, lore, and spectacular architecture of iconic and historic sites.

### Day 3 – Bonn

The following optional activity is available for purchase in advance through MyAvalon<sup>SM</sup>.

#### 1. Chef for a Day: German Specialties

**Note this is not available on wave 4 (groups 7, 8) or wave 8 (groups 15, 16)**

Join a German chef for a hands-on cooking workshop to create delicious German specialties. Create a tempting menu of tapas-style entrees and desserts and enjoy your own culinary creations while learning to prepare an authentic German meal with salmon, crispy bread, little potatoes, R benkraut, cheeses, quail egg, puddings, and homemade ice cream to name a few!

**DURATION:** PM Tour, typically 6-10pm, 4 hrs.; timing is subject to change according to final docking location.

**WHAT TO WEAR/BRING:** Comfortable shoes and clothing, dress in layers, including a lightweight jacket.

**INCLUSIONS:** Roundtrip transportation, tour escort, unlimited drinks (soft drinks, water, juices, coffee, local beer, wine, sparkling wine), aprons to wear, dinner will be what you have prepared during the workshop.

**EXCLUSIONS:**

**RESTRICTIONS/NOTES:** There are 25 steps up to the first floor where the kitchen area is located.

**ACTIVITY CLASS:** DISCOVERY

**PRICE:** €160.00 Euros per person

**MAXIMUM:** 30 people

## Day 7 and 8 – Amsterdam

The following optional activities are available for purchase in advance through MyAvalon<sup>SM</sup>.

### 1. Netherlands on two Wheels: Into the Dutch Countryside

**Note this is not available on wave 8 (groups 15, 16)**

Flat as a poffertjes (Dutch pancake), Holland is the ideal place for a scenic bike ride. Join an expert guide for a short first bike ride to the ferry boat that will bring you out of the city and into the beautiful, green Waterland nature reserve. Here, you'll again strap on your helmet, hop aboard your comfortable bicycle, and will pedal with your guide along designated bike paths past polders, dykes, and quaint, centuries-old villages. Depending on the season, you may even be greeted by fields of bright flowers or meadows filled with grazing sheep, cows, and horses. Enjoy a refreshment break of coffee and a Dutch snack at a typical Dutch Inn.

**DURATION:** AM Tour, typically 8am-12pm, 4 hrs.; timing is subject to change according to final docking location.

**WHAT TO WEAR/BRING:** Comfortable shoes and clothing, dress in layers, including a lightweight jacket. Don't forget to bring sunscreen, sunglasses, and hat.

**INCLUSIONS:** Roundtrip transportation if needed due to ship docking location, guide, bike, break at a local café including coffee, tea or soft drink and a slice of apple pie.

**EXCLUSIONS:** Lunch is provided onboard the ship. No e-bikes are available.

**RESTRICTIONS/NOTES:** Biking will include some biking on busy streets with many bikes, traffic, and narrow roads along with some biking in the countryside. If guests decide they need to leave during the tour they will be responsible for their own taxi ride back to the ship. The guide will assist in calling a taxi.

**ACTIVITY CLASS:** ACTIVE

**PRICE:** €94.00 Euros per person

**MAXIMUM:** 20 people



### 2. Medieval Muiderslot Castle

Visit Amsterdam's imposing Muiderslot Castle, a UNESCO World Heritage Site and one of Holland's most beautiful medieval castle fortresses. During this remarkable half-day guided tour, you'll learn about the castle's rich history and will explore the 17th-century rooms filled with historic furnishings, paintings from the Dutch Golden Age, and a collection of arms, armor, and utensils from the 13th century. Built around 1280 at the mouth of the Vecht River and surrounded by a beautiful moat, Muiderslot's authentic atmosphere will whisk you back to a time when author P.C. Hooft, the "Dutch Shakespeare", occupied the castle. Once you've experienced the wonders inside, wander outside to stroll through the beautiful herb gardens and along the ramparts for fantastic views of the nearby Pampus island fortress. After about 30 minutes of free time, you will meet your guide back at the Castle gate where you will depart for a local café for coffee and apple pie. After your break, you will be transported by motorcoach back to the ship.

**DURATION:** AM Tour, typically 8:30am-12:15pm, 4 hrs; timing is subject to change according to final docking location.

**WHAT TO WEAR/BRING:** Comfortable shoes and clothing, dress in layers, including a lightweight jacket. Don't forget to bring sunscreen, sunglasses, hat, and your refillable water bottle filled with water from the ship water station.

**INCLUSIONS:** Roundtrip transportation, guide, entrance to the Muiderslot Castle, 30 minutes of free time, break at a local café including coffee and a slice of apple pie.

**EXCLUSIONS:** Lunch is provided onboard the ship.

**RESTRICTIONS/NOTES:** There will be some walking on uneven surfaces with inclines and steps on this tour.

**ACTIVITY CLASS:** CLASSIC

**PRICE:** €74.00 Euros per person

**MAXIMUM:** no maximum



### 3. Kayak Adventure on the Canals of Amsterdam

**Note this is not available on wave 8 (groups 15, 16)**

Spend the afternoon traversing the Amsterdam canals by kayak on this outstanding active excursion! You'll spend an hour and 45 minutes paddling right past some of the city's 1,500 bridges, 90 islands, and unforgettable highlights. Begin with some basic instruction and safety tips, then hop into your kayak and hit the 62-mile (100-km) canal ring for a totally unique perspective of the "Venice of the North"! An amazing experience!

**DURATION:** AM Tour, typically 9am-12pm, 3 hrs.; timing is subject to change according to final docking location.

**WHAT TO WEAR/BRING:** Comfortable shoes and clothing that can get wet, dress in layers, including a lightweight jacket. Don't forget to bring sunscreen, sunglasses, hat, and your refillable water bottle filled with water from the ship water station.

**INCLUSIONS:** Roundtrip transportation if needed due to ship docking location, guide, kayak, life jackets, approximately 1 hour and 45 minutes of kayaking.

**EXCLUSIONS:** Lunch is provided onboard the ship.

**RESTRICTIONS/NOTES:** guests must be able to swim to participate in this tour. This tour is suitable for any experience level; however, guests must be able to climb in and out of the kayak with minimal assistance. You could get wet on this adventure. There will be some walking involved getting to the kayak location and back to the ship, 20-30 minute walk each way.

**ACTIVITY CLASS:** ACTIVE

**PRICE:** €94.00 Euros per person

**MAXIMUM:** 60 people



### 4. Zaanse Schans, the Symbols of Holland & Volendam – Full Day

Windmills, cheese, and centuries-old traditions await as you take a short coach ride across the Dutch "polder" landscape. Arrive in pretty Zaanse Schans, an open-air museum with well-preserved historic Dutch homes. See the legendary windmills used for sawing wood to refine chalk, oil, flour, and spices where artisans craft pewter, barrels, liqueur, cocoa, and more in the traditional ways. Led by an expert Local Guide, meet a local miller, and tour a working windmill, watch a wooden clog-making demonstration, and visit a cheese farm to learn all about one of the country's most famous products.

Continue to the famous fishing village of Volendam, which is known for its traditional costumes, lively harbor, beautiful village center, and smoked eel. The old center of Volendam lies behind the dyke and is called the Maze (Doolhof). Characteristic of this part of Volendam are the small wooden houses and the ancient atmospheric maze of narrow streets but the heart of Volendam is its lively harbor, a not-to-be-missed sight. In your free time, you could do some souvenir shopping, have lunch at one of the many local restaurants and try deliciously fresh fish or maybe snack on Dutch pancakes—Heerlijk!

**DURATION:** AM-PM Tour, typically 8:30am-4pm, 7 hrs. and 30 minutes; timing is subject to change according to final docking location.

**WHAT TO WEAR/BRING:** Comfortable shoes and clothing, dress in layers, including a lightweight jacket. Don't forget to bring sunscreen, sunglasses, hat, and your refillable water bottle filled with water from the ship water station.

**INCLUSIONS:** Roundtrip transportation, guide, orientation walk in Zaanse Schans and Volendam, about 30 minutes of free time to explore in Zaanse Schans, and about 1 hour, 30 minutes of free time to explore and have lunch on own in Volendam.

**EXCLUSIONS:** Lunch is not provided. Time on own will be around 1pm.

**RESTRICTIONS/NOTES:** There will be some walking on uneven surfaces with inclines on this tour.

**ACTIVITY CLASS:** CLASSIC

**PRICE:** €94.00 Euros per person

**MAXIMUM:** no maximum



## Day 8 – Amsterdam

The following optional activities are available for purchase in advance through MyAvalon<sup>SM</sup>.

Same tours will be offered on Day 8 as listed on Day 7 in Amsterdam plus this additional tour available on Day 8 only:

**Note that for Wave 2 (groups 3, 4), Day 7 & 8 have been switched. Bites & Highlights below is on Day 7 for Wave 2 (groups 3,4).**

### 1. Bites & Highlights Walking Tour of Amsterdam

Step off the beaten path to discover the atmosphere and authentic food the Amsterdam locals know and love. This guided walking tour takes you and your tastebuds through the charming Jordaan district, a historic working-class neighborhood that today is filled with specialty shops and unique eateries. Along the way you'll marvel at the stunning canals and historic buildings, hear entertaining stories from your expert guide, meet the friendly people whose families have been running the cafés and shops here for generations, and savor delicious tastings of traditional street food.

**DURATION:** PM Tour, typically 1:30pm-5pm, 3 hrs. and 30 minutes; timing is subject to change according to final docking location.

**WHAT TO WEAR/BRING:** Comfortable shoes and clothing, dress in layers, including a lightweight jacket. Don't forget to bring sunscreen, sunglasses, hat, and your refillable water bottle filled with water from the ship water station.

**INCLUSIONS:** Roundtrip transportation if needed due to ship docking location, guide, food and beverage included of local specialties such as: herring, bitterballen, small beer, cheese, poffertjes (Dutch pancakes) or Dutch chocolate.

**EXCLUSIONS:** Lunch is provided onboard the ship.

**RESTRICTIONS/NOTES:** There will be some walking on uneven surfaces with inclines on this tour.

**ACTIVITY CLASS:** DISCOVERY

**PRICE:** €79.00 Euros per person

**MAXIMUM:** 60 people

